



## 2023-2024 Unity Canada Board of Directors

**Rev. David Old, Unity Windsor**  
*President*

Rev. David Old has been involved and engaged in all aspects of Unity ministry for over thirty years.

The 2023-24 term marks his third year as a Unity Canada Board member where he contributes his skills in leadership, management and operations honed through 19 years in food services and real estate sales and development. He has previously served the Board as Member at Large and Vice President.

Since 2017 he has been the Minister of Unity Spiritual Centre Windsor where, supported by a strong core of volunteers, he has championed the spiritual community's strong online presence, SpiritGroups, community outreach and joint projects with other ministries and spiritual communities.

Community involvement and contribution is important to Rev. David. He has been a guest speaker, mentor to LUT students, and taught Enneagram classes. He has a particular interest in non-violence and human rights.

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**Claude Pellerin, Unity Calgary**  
*Vice President*

Claude Pellerin has been a member of Unity of Calgary Spiritual Community for 11 years including two years as Board Secretary, one year as Vice President, and three years as Board President. After serving two three-year terms he stepped down from the Board for a year and has now returned to serve one year of a third term as Secretary.

As the founder of Constructive Progressive Learning (CPL) Seminars and Workshops, Claude designed and managed a safety initiation program for inexperienced construction workers. Claude has decades of experience in bringing out the best in people through program design, training and mentoring.

Claude's experience in building bridges in the concrete world provides him with solid metaphors for his Unity Canada Board work: for the past several years the Board has focused on building and strengthening bridges between our Canadian spiritual communities.

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**Rev. Barbara-Jean Schreiner-Trudel**, CSL on the Lake

*Chaplain*

Rev. Barbara, or Rev. B as many call her, began her ministry in 1998 following a mystical moment that awakened her to a new way of living.

Ordained with both the Centers for Spiritual Living and Unity Worldwide Ministries, she is the Founder and Spiritual Leader of the Centre for Spiritual Living on the Lake as well as the Minister of Record for Unity Spiritual Centre Kitchener.

Rev. B is the host of Spirit Café and The JOY Show, both on New Thought Media Network. Through both of these programs, and her books, coaching, workshops and speaker engagements, she lives her belief that we are all unique, dancing to our own rhythm.

Volunteering provides her with much satisfaction. She currently serves on the Board for Toronto People with AIDS Foundation as well as the New Thought Media Network.

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**Cheryl Rodgers**, Unity Kitchener

*Treasurer*

Cheryl's Unity journey began in 2006, launching an inspiring time of ever-higher callings that has led her to her current position of Spiritual Leader/Ministerial Coordinator of Unity Kitchener. Here she has been instrumental in fostering an environment of spiritual growth and community connection. Notably, Cheryl launched the SpiritGroups program after completing the SpiritGroup leader trainer under the guidance of founder Mendhi Audlin.

The Covid-19 pandemic saw Cheryl use her adaptability and visionary leadership to rise to the challenge of transitioning Unity Kitchener's SpiritGroup program to a virtual platform. Collaborating with Unity Ottawa and Unity Spiritual Centre of Windsor, Cheryl played a key role in extending the program online, fostering connections across spiritual communities.

Beyond her local impact, Cheryl continues to be involved as a Mediator & Restorative Justice practitioner, and also currently serves on the UWM SpiritGroup Advisory Team.

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**Cee (Cheryl) Driskell**, Unity Ottawa

*Secretary*

Cee is the Spiritual Leader/Ministerial Coordinator of Unity Spiritual Centre of Ottawa, as well as the Communications & Service Coordinator. She has authored 5 books each of which supports individuals along their spiritual journey.

Within her spiritual community, she presents Sunday services and provides opportunities for spiritual awareness through Unity principles, ceremonies, prayer and guidance. Additionally, Cee provides the practical services of administration, writing, social media/marketing so necessary to a smooth-running ministry.

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She is a Ministry Candidate currently in her second term of the Master of Divinity program with Unity Worldwide Spiritual Institute. Her desire is to continue to provide spiritual awareness that leads to personal empowerment and lives beautifully transformed – and lived.

Cee is an Intuitive Energy Therapist as well as the Owner and Dean of Naturotherapies, an online Canadian school of naturotherapies and spiritual development.

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**Janet Law, Unity Vancouver**

***Member at Large***

Janet was the administrative and program assistant in Unity of Vancouver for many years. Currently she works in the healthcare field as a practitioner and facilitator.

She is a lifelong Unity student and teacher, and has attended numerous SEE (Spiritual Education & Enrichment) classes through Unity Worldwide Ministries as part of the licensed teacher program. She builds practical, everyday curriculum for the many classes she offers.

Janet believes in conscious community: when we collectively work and serve, we are as one in harmony. As a consciousness teacher and leader, Janet embraces life with vitality and resonance.

She has a background in not only spiritual study and transformational models of education, but also in the creative arts. Her fun facts about herself include being in a rowboat with Jim Carrey and conversations with Robin Williams.

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**Debbie Long, LUT, Unity Halton Peel**

***Member at Large***

Debbie (she/her) has been a member of the Unity movement since 2002, receiving her Licensed Unity Teacher (LUT) status in 2021.

She currently serves as a Licensed Unity Teacher with Unity Halton Peel and serves on the Unity York Region Steering Committee.

Debbie's many talents and skills include being a Sound Healer and a Spiritual Life Coach. She supports and empowers her clients to move beyond their blocks and stand in their authentic truth. She's also a spiritual singer and songwriter which brings her great joy.

When Debbie is not writing and singing inspiring music for her own pleasure or for audiences, she shares what she has learned through Unity by speaking, teaching, and facilitating book studies. She is presently enrolled in the Spiritual Direction program with Unity Worldwide Ministries.